## **BLENDER BIKE SET-UP**

## **BIKE OPERATING INSTRUCTIONS**

 To get started, make sure there's enough tire pressure in the front wheel. To check this, connect the tire pump head firmly onto the tire valve



• Pull the lock lever into the closed position. To lock, push lever up away from you.



• Check the tire pressure gauge. For bike to function optimally, tire pressure should be set at 70 psi. Blender bike tire tends to lose air, so anticipate that you'll need to add air.



 To adjust seat, losen the seat post clamp and raise or lower post to your preferred height. Align the height of the saddle to the rider's hip.
Tighten nut and be sure to close clamp lever until firm. Be sure this is tight! If clamp is not adequately tightened, the post will slip while rider is pedaling!

